

# Let's Talk Palliative Care: Comprehensive Care for Seriously Ill Patients, their Families and their Care Providers

**Friday, March 6, 2015**

The Ritz Charles, Carmel, Indiana

Sponsored by The RESPECT (Research in Palliative & End-of-Life Communication & Training) Center, IUPUI

## **GENERAL INFORMATION**

<b>LOCATION</b>	The Ritz Charles, 12156 North Meridian Street Carmel, IN 46032	
<b>AUDIENCE</b>	Health care clinicians and researchers interested in learning more about best practices in palliative and end-of-life care.	
<b>AGENDA</b>	8:00-8:30 am	Registration, Breakfast, and Poster sessions
	8:30 -10:00 am	Welcome and Keynote Presentation, "Meaning-Centered Psychotherapy: Meaning and Spirituality in End of Life Care" (William Breitbart)
	10:00-10:15 am	Break and Posters
	10:15-11:30 am	Concurrent Sessions <ul style="list-style-type: none"><li>❖ Innovations and Best Practices in Palliative Care- Rapid Fire Poster Session (various)</li><li>❖ The Future, Prayers, and Lies: Existential Issues in Communication at the End of Life (William Breitbart)</li><li>❖ Practicing for Practice: Using Medical Improv to Improve Communication Skills (Lucia Wocial)</li></ul>
	11:30 am-12:30 pm	Lunch
	12:30-2:00 pm	Family Care Across the Ages (Panel Discussion)
	2:00-2:15 pm	Break and Posters
	2:15-3:30 pm	Concurrent Sessions <ul style="list-style-type: none"><li>❖ Palliative Care Programs: Nuts and Bolts (Stacey Sharp &amp; Katie Wehri)</li><li>❖ Physician Orders for Scope of Treatment (POST): Having the Conversation (Panel discussion)</li><li>❖ Professional Thriving Through Attentive Self Care (Shelley Johns)</li></ul>
	3:30-4:00 pm	Closing Remarks
	4:05pm	Adjourn
<b>OBJECTIVE</b>	To bring together clinicians and researchers interested in evidence-based palliative and end-of-life care to help enhance clinical practice and foster new partnerships for translational research.	
<b>LEARNING OBJECTIVES</b>	At the conclusion of this conference, learners will be able to : <ul style="list-style-type: none"><li>◇ Describe best practices in palliative and hospice care for improving care of patients with serious illness;</li><li>◇ Discuss strategies to improve continuity of care for patients with serious illness of all ages;</li><li>◇ Identify key elements to improving communication and decision-making.</li></ul>	

## Conference Program Highlights

### William S. Breitbart, MD



William Breitbart, M.D. is Chairman and the Jimmie C. Holland Chair in Psychiatric Oncology, Department of Psychiatry & Behavioral Sciences, Memorial Sloan-Kettering Cancer Center, New York, NY. Dr. Breitbart is also Attending Psychiatrist, Palliative Medicine Service, Department of Medicine at Memorial Sloan-Kettering Cancer Center and Professor of Clinical Psychiatry at Weill Medical College of Cornell University

A graduate of the Albert Einstein College of Medicine at Yeshiva University, Dr. Breitbart is board-certified in Internal Medicine, Psychiatry, and Psychosomatic Medicine. He received both a Clinical Fellowship (1985-86) and a Career Development Award (1986-89) from the American Cancer Society. He was a Soros Faculty Scholar of the Open Society Institute, Project on Death in America (1995-1998). Dr. Breitbart was a founding member of the American Psychosocial Oncology Society (APOS) and the International Psycho-oncology Society (IPOS). He was President of the Academy of Psychosomatic Medicine in 2007, and also served as President of the International Psycho-oncology Society. He was a member of the Board of Directors of the American Pain Society and is a member of the International Association for the Study of Pain. He was a panel member for the American Psychiatric Association Guidelines for the Management of Delirium, and the AHCPR Cancer Pain Management Guidelines. Dr. Breitbart served as a permanent member of the NIH Behavioral Medicine Study Section for 15 years.

Dr. Breitbart's research efforts have focused on psychiatric aspects of cancer and palliative care, and have included studies of interventions for anxiety, depression, desire for death and delirium in cancer and AIDS patients. Other research efforts include investigating the neuropsychiatric problems of cancer and AIDS patients, including pain, fatigue and other symptoms. Most recently, Dr. Breitbart has studied cytokine mediators of depression in pancreatic cancer patients, and has developed novel psychotherapy interventions aimed at sustaining meaning and improving spiritual well-being in the terminally ill. Dr. Breitbart has had continuous NIH RO1 funding of investigator initiated research since 1989. Dr. Breitbart received the 2003 Research Award from the Academy of Psychosomatic Medicine, the 2007 Donald Oken Award from the American Psychosomatics Society, and the 2008 Lifetime Achievement Award from the Society for Liaison Psychiatry. He is the 2009 recipient of the Arthur Sutherland Lifetime Achievement Award for the International Psycho-oncology Society. He is the 2009 recipient of the Willet F. Whitmore Award for Clinical Excellence, Memorial Sloan-Kettering Cancer Center. Dr. Breitbart was the recipient of the Thomas Hackett Award for Lifetime Achievement from the Academy of Psychosomatic Medicine. He is the 2013 recipient of the Jimmie Holland Award from the American Psychosocial Oncology Society.

Dr. Breitbart has published extensively on the psychiatric complications of cancer and AIDS with 140 peer review publications and over 160 chapters and review papers. In addition, Dr. Breitbart has edited/written 10 textbooks including Psychiatric Aspects of Symptom Management in the Cancer Patient, published by the American Psychiatric Press, Psycho-oncology - 1st and 2nd Editions (co-editor with Dr. Jimmie Holland) and Handbook of Psychiatry in Palliative Medicine- 1st and 2nd Editions (co-editor with Dr. Harvey Chochinov) both by Oxford University Press, and Psychosocial Aspects of Pain: A Handbook for Health Care Providers (co-editor with Dr. Robert H. Dworkin) by IASP Press. Dr. Breitbart is currently writing a textbook and two treatment manuals on Meaning-Centered Psychotherapy in Advanced Cancer Patients for Oxford University Press. Dr. Breitbart is Editor-in-Chief, of Cambridge University Press' international palliative care journal entitled, "Palliative & Supportive Care". Dr. Breitbart also helped found IPOS Press, the publications arm of the International Psycho-oncology Society and authored the forthcoming IPOS Press/Oxford University Press text Psychosocial Palliative Care.

**CONFERENCE  
SPEAKERS**

**Ella Bowman, MD, PhD**, Assistant Professor, General Internal Medicine and Geriatrics, IU School of Medicine

**William Breitbart, MD**, Acting Chair, Department of Psychiatry and Behavioral Sciences; Chief, Psychiatry Service

**Joan Haase, PhD, RN**, Professor, IU School of Nursing, RESPECT Center Co-Director

**Amy Haskamp, MSN, RN, PCNS-BC, CPON**, Pediatric Palliative Care. Riley Hospital for Children at IU Health Hospital

**Susan Hickman, PhD**, Associate Professor, IU School of Nursing, RESPECT Center Co-Director

**Shelley Johns, PsyD, ABPP**, Assistant Professor, General Internal Medicine and Geriatrics, IU School of Medicine

**Thomas Ledyard, MD**, Associate Medical Director, hospice and Life's Journey: Choices, Community Health Network

**Karen Moody, MD, MS**, Director, Pediatric Palliative Care, Riley Children's Hospital

**Melanie Parks, RN**, Clinical Nurse Manager, OPTIMISTIC, IU Health

**Karen Payne, MSN, RN**, Director, Indiana University Health Hospice

**Greg Sachs, MD**, Division Chief of General Internal Medicine and Geriatrics, IU School of Medicine, RESPECT Center Co-Director

**Denise Saxman, LCSW**, Associate Director of Care Consultation and Early Stage Services, Alzheimer's Association Greater Indiana Chapter

**Stacey Sharp, MBA**, Director Life's Journey Integration Services at Community Health Network

**Gerald Walthall, MD**, Medical Director of Palliative Care, Franciscan Alliance St. Francis Health

**Katie Wehri, CHC, CHPC**, Hospice Liaison, Indiana Association for Home & Hospice Care

**Lucia Wocial, PhD, RN**, Nurse Ethicist, Fairbanks Center for Medical Ethics, IU Health

**Conference Planning Committee**

Susan Hickman  
*IU School of Nursing*  
*RESPECT Center Co-Director*

Joan Haase  
*IU School of Nursing*  
*RESPECT Center Co-Director*

Greg Sachs  
*IU School of Medicine*  
*RESPECT Center Co-Director*

Ella Bowman  
*IU School of Medicine*

Amy Haskamp  
*Riley Hospital for Children*

Laura Holtz  
*Regenstrief Institute, RESPECT Center*

Karen Iseminger  
*University of Indianapolis*

Thomas Ledyard  
*Community Health Network*

Jim Luce  
*IU Health*

Karen Payne  
*IU Health Hospice*

Cecilia Quade  
*Franciscan St. Francis Health*

Stacey Sharp  
*Community Health Network*

Jan Sinn  
*Retired Hospice Director*

Yonda Snyder  
*Indiana State Division on Aging*

Katie Wehri  
*IN Association for Home & Hospice Care*

**CALL FOR POSTERS**

Attendees are invited to submit poster abstracts highlighting their research, literature reviews, quality improvement projects, or programs. Space will be available to display posters throughout the session. Up to 10 authors will be invited to briefly present their poster during the morning concurrent session. Poster submission guidelines can be found at <http://www.iupui.edu/~irespect/index.html>.

**ACCREDITATION STATEMENT**



Indiana University School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

**DESIGNATION STATEMENT**

Indiana University School of Medicine designates this live activity for a maximum of **6 AMA PRA Category 1 Credits™**. Physicians should only claim credit commensurate with the extent of their participation in the activity.

IU Health Indianapolis (OH-412, 6/1/2016) is an approved provider of continuing nursing education by the Ohio Nurses Association (OBN-001-91), an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Nurses will be granted **6.08** contact hours after attendance of the entire event and submission of an evaluation.

Indiana University Health, Indianapolis, has been approved by the Indiana Social Worker, Marriage and Family Therapist and Mental Health Counselor Board to provide Category I Continuing Education program for: LSW, LCSW, and MTC. This program provides a maximum of **6.08** contact hours.

We are exploring Category I Continuing Education program for Health Facility Administrations.

**FACULTY DISCLOSURE STATEMENT**

In accordance with the Accreditation Council for Continuing Medical Education (ACCME) Standards for Commercial Support, educational programs sponsored by Indiana University School of Medicine (IUSM) must demonstrate balance, independence, objectivity, and scientific rigor. All faculty, authors, editors, and planning committee members participating in an IUSM-sponsored activity are required to disclose **any relevant financial interest or other relationship** with the manufacturer(s) of any commercial product(s) and/or provider(s) of commercial services that are discussed in an educational activity.

**NOTE**

While it offers CME credits, this activity is not intended to provide extensive training or certification in the field.

**MORE INFORMATION**

Contact Laura Holtz, RESPECT Center Program Manager at [respectc@iupui.edu](mailto:respectc@iupui.edu) or 317-274-9114. <http://www.iupui.edu/~irespect/>

# REGISTRATION DEADLINE: FEBRUARY 20, 2015

## Registration Information

**FEES** Physician or Nurse Practitioner \$ 150.00  
(Fee includes continuing medical education certificate)

Healthcare professional \$100.00

Registration fees include conference materials, sessions, continental breakfast, lunch, afternoon break service, and certificate.

Scholarships are available. Please contact Laura Holtz at 317-274-9114 or respectc@iupui.edu for more information prior to registration.

**ON- LINE REGISTRATION** Visit the IU School of Medicine, Division of Continuing Medical Education website at <http://cme.medicine.iu.edu/courses> to register.

For questions about registration, please contact the CME office at (317) 274-0104 or by email at cme@iu.edu.

**CANCELLATION POLICY** Cancellation requests must be submitted to the CME office. Cancellations received by February 20, 2015 will receive a full refund. Cancellations received after that date will not be refunded, but substitutions are welcome.

**ON SITE REGISTRATION** On-site registration and walk-ins will be accepted, space permitting.

**MAIL REGISTRATION** Make check payable to **Indiana University** and send registration form and payment to:  
Indiana University School of Medicine – Division of Continuing Medical Education  
1110 W. Michigan St, LO 401, Indianapolis, IN 46202

Physician or Nurse Particitioner (\$150)

Healthcare Professional (\$100)

**Attendee Information:**

Name \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State \_\_\_\_\_ ZIP: \_\_\_\_\_

Daytime Phone: \_\_\_\_\_

Institution: \_\_\_\_\_

Email Address: \_\_\_\_\_  
(Required for CME certificate and evaluation)

Continuing Education: \_\_\_ CME, \_\_\_ CNE, \_\_\_ Attendance