



**St. Vincent Medical Group  
Center for Healthy Aging**

**27th Annual Conference on Aging  
*The Older Adult Journey Through Healthcare***

**March 11, 2016**

**Ritz Charles  
12156 N. Meridian Street  
Carmel, Indiana**



The St. Vincent Center for Healthy Aging (CHA) is a premier patient-and family-focused center of interdisciplinary geriatric and gerontological clinical practice, applied research and education that disseminates research findings and best practice information from local to international levels, and serves as an authentic voice in public discourse on aging.

## Conference Description and Objectives

Welcome to the “perfect storm” of healthcare! This might be a description for all of healthcare in America, but there are potentially earth-shaking implications for our older adults and their health care team. The interwoven complexities generated by our rapidly changing healthcare system are daunting. The health care professional may not feel prepared to face the new challenges presented by the new payment models that are emerging, the emphasis on quality measures, the effects of increasing life expectancy, and the increasing prevalence of comorbid chronic diseases and the need to better identify high-risk patients.

We will attempt to analyze the journey older adults might experience moving between multiple settings of care—home to hospital to nursing home and back again. Each of these moves if improperly handled can lead to unwanted complications and care that is less efficient, more costly and poorer quality of care.

The goal of this conference is to seek ideas how to intervene more proactively to help care providers better understand our patients’ needs as they navigate the healthcare system. We hope to provide insights into the changes that are occurring in healthcare and look for ways to promote safer care and more effective care at the right time and at the right place. We will attempt to find ways to identify the high risk patients that require additional specialized resources so that we can provide more appropriate, affordable patient-centered quality care. Lastly, because dementia in particular stretches the limits of affordable healthcare, we will examine better means to identify and better care for the cognitively impaired patient and their families.

This conference is meant to enhance the knowledge base and skills of physicians, nurses, pharmacists, psychologists, dietitians, allied health and rehabilitation therapists, social workers, health facility administrators, and other interested healthcare professionals.

### Conference Objectives

- Recognize the role of changing Medicare payment systems in the care of older adults
- Delineate patient characteristics that predict higher risk of healthcare related complications
- Identify ways in which to more efficiently transfer patient information between healthcare settings
- Participants will learn updated medical strategies and will be able to implement in diagnosing geriatric diseases or conditions for the areas covered in afternoon talks.

# Faculty

## **William Arnold, MD**

President  
Indiana Geriatric Associates

## **Joan Chang, DO**

Geriatrician  
St. Vincent Medical Group  
Center for Healthy Aging

## **Richard Fogel, MD, FACC FHRS**

Staff Cardiologist and  
Electrophysiologist  
St. Vincent Health

## **Sherry E. Gray, MA**

Grants/Corporate Compliance  
Administrator  
Raphael Health Center

## **Diane Healey, MD**

Geriatrician  
St. Vincent Medical Group  
Center for Healthy Aging

## **Patrick Healey, MD**

Geriatrician  
St. Vincent Medical Group  
Center for Healthy Aging

## **Staci Hollar, MD**

Geriatric Medicine Fellow  
St. Vincent Medical Group  
Center for Healthy Aging

## **Jim Kinsey**

Director of Member Experience  
Planetree

## **Leo Rafail, BSW**

Community Liaison  
Harbor Light Hospice

## **Amity Rees, MDiv**

Chaplain Resident  
St. Vincent Hospital

## **Jon C. Thompson, PsyD, ABPP, HSPP**

Clinical Services Manager  
Department of Neuropsychology,  
St. Vincent Neuroscience Institute

## **Alison Walton, PharmD, BCPS**

Clinical Pharmacy Specialist,  
Ambulatory Care  
St. Vincent Health

## **Maria Wilson, MD, MSc**

Internist  
St. Vincent Medical Group  
Center for Health Aging

# Planning Committee

## **Diane Healey, MD**

Geriatrician  
St. Vincent Medical Group  
Center for Healthy Aging

## **Patrick Healey, MD**

Geriatrician  
St. Vincent Medical Group  
Center for Healthy Aging

## **Ellen Miller, BS**

Office Coordinator  
St. Vincent Medical Group  
Center for Healthy Aging

## **Jenny Allbright, RN**

Case Manager  
St. Vincent Medical Group  
Center for Healthy Aging

## **Denise Staschke**

Director of Operations  
Post Acute Services  
St. Vincent Medical Group

## **Christina McCann, BSW, LSW**

Social Worker  
St. Vincent Medical Group  
Center for Healthy Aging

## **Kathryn E. Hendershot, BS**

Conference Planner  
St. Vincent Medical Group  
Center for Healthy Aging

## **Jolynn Kuehr, MSN, N-BC, NE-BC**

Director Education and  
Development  
St. Vincent Hospital

## **Kathy Menser, RPh**

Pharmacy Education Coordinator  
St. Vincent Hospital

## **Jane Mikosz**


Continuing Medical Education  
Consultant  
St. Vincent Hospital

# Conference Accreditation

**Physicians:** Accreditation statement: St. Vincent Hospital and Health Care Center Inc. is accredited by the Indiana State Medical Association to provide continuing medical education for physicians.

**Designation statement:** St. Vincent Hospital and Health Care Center Inc. designates this live educational activity for a maximum of 6.0 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

**Nursing:** St. Vincent Hospital and Health Care (OH-435, 12/1/2016) is an approved provider of continuing nursing education by the Ohio Nurses Association (OBN-001-91), an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. This program is pending approval to provide the participant with 6.0 Continuing Education contact hours.

**Pharmacy:**  St. Vincent Hospitals and Health Services Pharmacy Department is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. Activity Number (UAN) 0556-9999-16-001-L01-P Application Activity. This program is approved for 6.0 Contact Hour CE (0.6 CEU). Active participation in Case Studies/Panel discussions and an evaluation of speaker and program is necessary for continuing education credit to be given. Statements of credit will be issued via CPE Monitor.

**Indiana State Board of Health Facility Administrators:** This program has been approved by the Indiana State Board of Health Facility Administrators to present the continuing education program for 6.0 hours.

**National Association of Social Workers:** In partnership with the St. Vincent Medical Social Services Department—an approved CEU provider by the Indiana Professional Licensing Agency--The Indiana Social Worker, Marriage and Family Therapist and Mental Health Counselor Board has approved this organization to provide 5.50 Category 1(formal) Continuing Education for LSW, LCSW, LMHC, LCAC, AND LMFT. However, the licensees must judge the program's relevance to their professional practice.

**Indiana State Psychology Board:** This program has been approved by the Indiana State Psychology Board to present the continuing education program for 6.0 hours.

**Indiana State Board of Occupational Therapists:** This program has been approved by Indiana State Board of Occupational Therapists to present the continuing education program for 6.0 hours.

**Physical Therapy:** This program is pending approval by INAPTA to provide six hours of continuing education.

**Allied Health Care Workers:** Those attending the entire day will receive a certificate of attendance of 6 hours.

**Academy of Nutrition and Dietetics:** This program has been submitted for review and approval by the Commission on Dietetic Registration to provide 6.0 CPEU's.

**Case Manager:** This program has been pre-approved by The Commission for Case Manager Certification to provide continuing education credit to CCM board certified case managers. The course is approved for 6 CE contact hours. Activity code: S00019576. Approval Number: 160000368. To claim these CEs, log into your CE Center account at [www.ccmcertification.org](http://www.ccmcertification.org).

**Nurse Practitioners:** This program is pending approval by the American Association of Nurse Practitioners.

*After participating in this program, a program evaluation must be completed for continuing education credit to be given. Participants must attend 80% to receive credit and should claim only the credit commensurate with the extent of their participation in this activity.*

---

## Disclosure Statement:

As a sponsor accredited by the Indiana State Medical Association, St. Vincent Hospital and Health Care Center, Inc. must ensure balance, independence, objectivity and scientific rigor in all sponsored education programs. All faculty participating in these programs must complete a disclosure statement indicating any real or apparent conflict(s) of interest that may have a direct bearing on the subject matter of the continuing education program. This pertains to relationships with pharmaceutical companies, biomedical device manufacturers or other corporations whose products or services are related to the subject matter of the presentation topic.

**St. Vincent Medical Group Center for Healthy Aging**  
**27th Annual Interdisciplinary Conference on Aging**  
*The Older Adult Journey Through Healthcare*  
**March 11, 2016**

7:00	Registration/Continental Breakfast/Exhibits	
8:00	Welcome/Reflections/Logistics Invocation	Patrick Healey, MD Amity Rees, MDiv., Chaplain
8:15	Volume to Value: The Great Transformation Of American Healthcare 2010-2020	Richard Fogel, MD, FACC, FHRS
8:45	The Impact of Ageism on the Healthcare Experience	Jim Kinsey
9:30	<b>Q &amp; A</b>	
9:45	<b>Break/Vendor Displays</b>	
10:15	Targeting Frailty to Maximize Resource Allocation	Diane Healey, MD
10:30	The Assessment of Capacity and the Role of Clinical Providers	Jon Thompson, PsyD, ABPP, HSPP
11:00	Screening for Dementia in an Accountable Care World	Patrick Healey, MD
11:15	Advance Care Planning	Joan Chang, DO
11:30	Invisible Wounds: When Spiritual Pain Interferes with Healing	Amity Rees, MDiv
11:45	<b>Q &amp; A</b>	
12:00	<b>Lunch /Vendor Displays</b>	
1:15	Social Isolation in Our Aging Friends: Real or Perceived	Sherry Gray, MA, BS PH
1:30	Parkinson's Disease, Huntington's Disease, and ALS: A Brief Overview of Three Diagnosis	Leo Rafail, BSW
1:45	Evaluation and Acute Management of Aggression in Patients With Dementia	William Arnold, MD
2:00	And the Beat Goes On: New Medications for Heart Failure	Alison Walton, PharmD, BCPS
2:15	Deprescribing Medications: Relax, Relate, Release	Maria Wilson, MD, MSc
2:30	Antibiotic Stewardship	Staci Hollar, MD
2:45	<b>Q &amp; A</b>	
3:00	<b>Break &amp; Vendor Displays</b>	
3:15	Patient-Centered Care in Action–Panel Discussion	Jim Kinsey, Facilitator
4:15	Summary /Instruction regarding Evaluations & CME Distribution	Patrick J. Healey, MD

# Directions

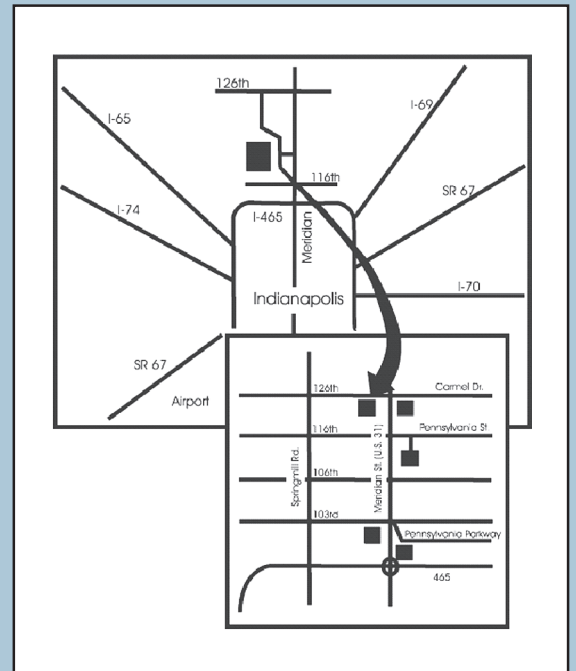
## Ritz Charles

12156 N. Meridian Street, Carmel, IN 46032  
317.846.9158

Ritz Charles in Carmel is located west of Meridian Street (US 31), just minutes north of I-465.

The facility entrance is one block west of US 31 on Illinois Street between 116th Street and 126th Street, with the entrance behind the building on Illinois Street. Going north on Illinois Street from 116th Street, the facility will be on the right.

For out of town guests, hotels in the immediate vicinity include Hilton Gardens, Spring Hill Suites, and Renaissance North. The Marten House Hotel is a short drive from the conference and offers a St. Vincent rate.



# Registration

## St. Vincent Medical Group Center for Healthy Aging 27th Annual Conference on Aging • March 11, 2016

Go to [www.healthyagingconference2016.eventbrite.com](http://www.healthyagingconference2016.eventbrite.com)

\*If you are unable to register online, please contact the Center for Healthy Aging office at 317.338.7780. Please note: An email address will be required for all registrations. Notification of future conferences will be sent to the email address given. It is suggested a permanent email address, instead of a business email, be used to ensure receipt of future notifications

Cancellation Policy: By March 4, 2016, full refund. After March 4, \$40 refunded. May substitute registrant.

Registration Fee: \$100, includes continuing education credit, continental breakfast, catered lunch, and morning and afternoon breaks.

Special Rate for medical residents, fellows, and students with proper identification

Registration Deadline: The registration deadline is March 4, 2016. Registrations submitted after this date will be based on availability.

# Presentation Slides:

The slides for speakers' presentations will be available online at [www.stvincent.org/presentations](http://www.stvincent.org/presentations) beginning March 7, 2016. No CD or hard copy of the slides will be provided. The Power Point Slides may be downloaded or printed prior to the conference and will be available online for 90 days following the conference.